Volume 6, Issue 4 July-Aug 2021, pp: 183-192 www.ijprajournal.com ISSN: 2249-7781

Regulatory consideration for the commercialization of topical products for wound healing in India.

Ayushi Garg, Madhu Gupta*

Department of drug regulatory affairs, Delhi Pharmaceutical Sciences and Research University, Pushp Vihar

Sector 3 MB road New Delhi-110017, India

Email id — ayushigarg8171@gmail.com

madhugupta98@gmail.com

Date of Submission: 25-06-2021 Date of Acceptance: 07-07-2021

ABSTRACT

Topical medications, like all other pharmaceuticals, are subject to restrictions to guarantee the consistency, purity, and effectiveness of the medication both at the time of delivery and during its shelf life. There is some scientific evidence that topical products are safe and effective treatment choice for the control of various skin-related diseases such as burns, eczema, psoriasis, skin infections, skin ulcers, and so on, and that it is used for local intervention. Topical formulations are a good choice for drug distribution because of their various unique characteristics and they can be quickly separated from the skin.. Different countries must adhere to different legal standards in order to approve a new drug on their market. Until a drug substance can be approved for manufacture, production, or selling in the region, it must first be tested for safety and effectiveness in humans. The government has established a number of regulatory bodies to oversee the production and sale of drug products in order to ensure their safety and effectiveness.

Topical, Skin, regulation, wound healing, and so on are some of the key words.

I. INTRODUCTION

Wound and healing of wounds

Wound healing is a natural mechanism that entails a series of complex cellular and bio molecular processes that help to return injured wound tissue to its pre-injury state. ¹

Hemostasis, inflammation, proliferation, and remodeling are the four stages of the operation, which are traditionally separated into four steps that overlap. Alarm signals, chemokine, and growth factors are released by wounded tissue cells, which attract immune cells from the bloodstream and promote the replication of tissue resident populations, resulting in immune cell aggregation at the wound site.²

The majority of wounds recover on their own, but the only care given to them is to keep them safe from the world. Burn wounds are graded according to the depth of the burn, while acute and nonhealing wounds are differentiated based on the time to heal. For example-

- Cleaning and debridement of the wound, as well as antibiotics if required, are common treatments for superficial burns.
- Topical antimicrobials are mostly used to treat deep partial-thickness and full-thickness burn wounds, but if a wider area has to be covered, skin replacements or skin grafts like autologous split thickness graft are the gold standard around the world.⁴

CLASS	EXAMPLE
Product which enhance epithelialization	Collagen dressings
	 Hydrogels
	Hydro foams
	Hydrocolloid
	Growth factors
Product which prevent infection	• Antimicrobials like silver



Volume 6, Issue 4 July-Aug 2021, pp: 183-192 www.ijprajournal.com ISSN: 2249-7781

	impregnated dressings
	 Mupirocin
	Retapamulin
Desloughing and debriding agents	 Maggots
	• Debridace
	• Enzymatic agents (collagenase,
	papaya extracts
Product which enhance granulation issue	 Hydrocolloids
formation	 Hydrogels
R	 Alginates
	Collagen granules

large syste

epeate

d dressing adjustments, wound debridement, antibiotics to cure bacteria, and prevention of increased strain at the injury site are all part of the existing standard of treatment for nonhealing wounds. Just four wound-healing pharmaceuticals have been approved by the Food and Drug Administration (FDA) as active medicinal products³. Since nonhealing wounds have such a

mic effect, researchers are working hard to find ways to enhance wound healing.

Topical therapeutics are promising because they exert local effects while minimizing systemic side effects, but they are inhibited by the proteolysis wound environment, which limits medication bioavailability.²

CLASS	EXAMPLE
Product which enhance epithelialization	 Collagen dressings
	 Hydrogels
	Hydro foams
	Hydrocolloid
	Growth factors
Product which prevent infection	Antimicrobials like silver impregnated
	dressings
	Mupirocin
	 Retapamulin
Desloughing and debriding agents	 Maggots
	• Debridace
	• Enzymatic agents (collagenase, papaya
	extracts
Product which enhance granulation issue	Hydrocolloids
formation	 Hydrogels
	 Alginates
	Collagen granules

TABLE 1-Classification of newer wound care products

CATEGORY	ACTIVE WOUNDS	CHRONIC WOUNDS	BURNS
BASIC WOUND	 Topical 	 topical antibiotics 	 topical
CARE (cover and	antibiotics	• topical antifungal	silver nitrate
protect wounds)	• antiseptics		• anti- microbial
ADVANCED	 film dressing 	• film dressing	• foam
WOUND CARE	• foam	 foam dressing 	dressing
(promote moist	dressing	 hydrogel dressing 	 hydrogel
environment)	 hydrogel 	alginate dressing	dressing
	dressing	 hydrocolloid 	
	• alginate	dressing	



Volume 6, Issue 4 July-Aug 2021, pp: 183-192 www.ijprajournal.com ISSN: 2249-7781

	dressing • hydrocolloid dressing		
ACTIVE WOUND CARE (stimulate healing)	cell based therapygrowth factors	cell based therapygrowth factors	• Skin replacement

Table2 - Different Level of Wound Care Applied For Distinct Wound Category

RECENT ADVANCES IN TOPICAL PRODUCT RELATED TO WOUND HEALING

Topical semisolid medication preparations are one of the oldest medical dosage forms known to human civilization, and they're frequently utilised to treat a wide range of skin disorders. Despite their relevance and long history of usage, semisolid medicines lag behind pharmaceutical product categories in terms of innovation. Because topical treatments often generate smaller revenues, predicted return on investment-related risks stymie the development of both innovative and generic medicines. 16 To be specific, the pharmaceutical business must devote substantial resources to demonstrating the quality, effectiveness, and safety of any product before it can be approved for sale by the authorities. 17

Semisolid formulations, such as ointments, creams, and gels, have a more complicated, interdependent microstructure (i.e., the micro scale arrangement of matter and state of aggregation) than solid and injectable dosage forms, which increases the potential for heterogeneity in performance ^{18, 19}. Furthermore, as compared to other medication products for which standard pharmacokinetic techniques may be used to determine bioequivalence, topical medicinal products confront distinct challenges in the creation of generics. ^{16, 20}

For the treatment of both acute and chronic non-healing wounds, a wide range of dressing procedures, topical products are available. 12

The area of wound care appears to have as many treatment methods and modalities as the number of wound care practitioners. Although many clinicians rely on and have good results with older "tried and true" therapies, new products and innovations are constantly being added to the wound care arsenal. Silver dressings have long been used to treat wounds, but modern delivery methods seek to improve effectiveness while reducing side effects. Negative pressure wound devices are a relatively new treatment choice in wound care, and their indications are steadily expanding to include areas of wound management where there were previously few options.

Advanced wound dressings can help optimise wound healing by changing the wound climate. Skin replacements are being developed as a result of biosynthetics and tissue engineering, and they are not only providing novel efficient temporary wound coverage, but they are also changing the wound care paradigm. Finally, hyperbaric oxygen therapy can supplement the above wound-healing modalities, particularly in chronic wounds that haven't responded to other treatments. ¹³

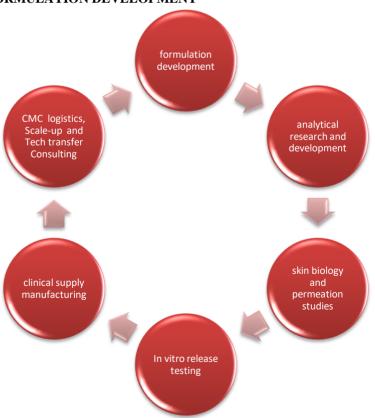
PRODUCT	INDICATION	EXAMPLES
Antimicrobials	Wounds infected with gram	T-bact
Mupirocin	positive organisms.	,Bactroban(Glaxosmithkline
		pharmaceuticals ltd)
Retapamulin	Effective against	Retarel(Ajanta Pharma ltd.)
	staphylococcus aureus and	-
	pyogenes.	
Silver impregnated	Deep burns skin sloughing	 Acticoat (Smith & Nephew)
dressings	disorders	• Silvel(dattMediproductspvt.ltd.)
		• actisorb(Johnson and Johnson)
Foams	Prrssure ulcers and lower	Allevyn(smith & nephew)
	limb ulcers wit min to mod	• Biatain foam
	exudates	dressing(coloplast)

Volume 6, Issue 4 July-Aug 2021, pp: 183-192 www.ijprajournal.com ISSN: 2249-7781

Films	Partial thickness wounds with	• 3M Tegaderm (Health Care)
	minimal	Biocclusive (Johnson amd
	exudates,pressureulcers,grafts	Johnson medical Ltd.)
		Dermasite (Derma Sciences)
Hydrogels	Dry wounds, painful wounds	• Intrasite gel (smith &Nephew)
	mainly pressure sores, lower	• Solosite(smith &nephew)
	limb ulcers, skin tears and	
	surgical wounds	
Hydrocolloids	Wounds with min. to mod	• DuoDerm (convatec)
	exudates like pressure ulcers	• Comfeel (coloplast India
	and venous stasis ulcers.	Pvt.Ltd.)
Alginates	Pressure sores, diabetic	• Kaltostat (ConvaTec)
	ulcers, infected wounds,lower	Algiderm(Bard)
	extremity ulcers with moderate to heavy exudates	Kalginate(DeRoyal)
Enzymatic	For necrotic sloughy wounds	Collagenase santyl (Smith &
debridement		Nephew)
		Salutyl (Elder pharmaceuticals
		Ltd)
Growth factors	In small non healing wounds	• Plermin (Dr. Reddy's
		laboratories ltd)
		• Regen -D 150 (bharat biotech)

TABLE3- examples of topical products related to wound healing

STAGES IN FORMULATION DEVELOPMENT





Volume 6, Issue 4 July-Aug 2021, pp: 183-192 www.ijprajournal.com ISSN: 2249-7781

QC FOR TOPICAL PRODUCTS ❖ PRODUCT QUALITY TEST-GENERAL

Specifications (tests, methods, and acceptance criteria) to guarantee that marketed drug products are safe and effective at release and during shelf life are recommended by the International Conference on Harmonization (ICH) Guidance Q6A (available at www.ich.org). Description, identification, assay, and impurities are tests that are widely used to verify safety and efficacy. ¹⁵

- Qualitative description
- Identification
- Assay
- Impurities
- Physicochemical properties
- Uniformity of dosage units
- Water content
- Microbial limits

• Antimicrobial preservative content

❖ PRODUCT QUALITY TESTS FOR TOPICAL DRUG PRODUCTS

For topical medication products, general product quality tests should be conducted, including identification, assay, content uniformity (uniformity of dosage units), contaminants, pH, water content, microbiological limits, antimicrobial preservative content, antioxidant preservative content, and sterility. Specific testing for topical dosage forms should also be carried out.¹⁵

- Viscosity
- Tube/content uniformity
- pH
- particle size
- sterility

PATENT AND CLINICAL TRIALS RELATED TO WOUND HEALING TOPICAL PRODUCTS

Treatment	Condition	Administration route	Ongoing clinical trial
ABSOLVE	Diabetic foot ulcers	Collagen dressing	NCT03037970
Masenchymal	Diabetic foot ulcers	Single-dose topical	NCT03509870
stem cells		application seeded into	
		collagen scaffold	
ABCB5-	Chronic venous ulcers	Topical application	NCT03257098
positive			NCT02742844
MSCs			
Masenchymal	Second degree burn	Topical application	NCT02104713
stem cells	wounds		
Stromal	Chronic leg ulcers	Local injection	NCT02987101
vascular			
fraction			
MRG-110	Wound healing in healthy	Local injection	NCT03603431
	participants		
TotaSure	Punch biopsy wounds in	Topical gel	NCT03620175
topical gel	healthy		
Granexin	Diabetic foot ulcers	Topical gel	NCT02667327
			NCT02666131

Table4 Ongoing clinical trials assessing the effect of different medicinal products in wound healing.

Treatment	Condition	phase	Administration	Completed clinical
			route	trial (reference)
Epidermal	Diabetic foot	III	Topical spray	NCT01629199(7)
growth factor	ulcers			
Recombinant	Deep partial	IV	Topical gel	NCT01785784(8)
human GM-CSF	thickness burn			
hydrogel				
BioChaperone TM	Diabetic foot	III	Topical spray	NCT02236793
PDGF-BB	ulcers			
APOSEC TM	Healthy volunteers	I	Topical gel	NCT02284360(9)
ALLO-ASC-	Second degree	I	Hydrogel sheet	NCT02394873



Volume 6, Issue 4 July-Aug 2021, pp: 183-192 www.ijprajournal.com ISSN: 2249-7781

DFU	burn				
HPβCD-I	Pressure ulo	cers	I,II	Topical gel	NCT02418676(10)
SANTYL	Diabetic	foot	IV	Ointment	NCT01143714
	ulcers				NCT01143727
					NCT01408277
					NCT01056198(11)

Table 5-Completed clinical trial assessing the effect of different medicinal products in wound healing

REGULATORY PERSPECTIVE

CURRENT SCENARIO AND NEED FOR EFFECTIVE DRUG REGULATION

Optimal modern wound dressings should assure a moisture wound bed, help drainage, remove debris of the wound surface, provide optimal thermal stability, might be removed without trauma of the wound bed and wound edge, and be antiallergenic and without immunogenicity. But wound dressings have experienced continuous and significant changes over the years which emanate from a more detailed understanding of wound healing and improved technological, clinical, and scientific research in the field of wound healing. Now, wound dressings are getting more and more functionalized to a targeted therapy by including different pharmaceutical compounds (e.g., antiseptics, analgetics, or growth factors). Those interactive additives might help optimize the healing process¹⁴

There have been a variety of regulatory issues in the process of improving drug regulation.

REGULATORY BODIES INVOLVED IN APPROVAL PROCESS

At the moment, there is no single body in charge of ensuring the overall efficacy of the Indian drug regulatory system. There are many regulatory bodies involved in the complete commercialization procedure for the topical products.

- CDSCO-the Ministry of Health & Family Welfare's Central Drugs standard Control Organization (CDSCO) provides general information on drug regulatory criteria; CDSCO is in charge of approving clinical trials, experimental medicines, specialized medical products as well as import and export authorizations.
- NPPA-It promotes and supports the Central Drugs Standard Control Organization in the testing of drugs.
- **D & C ACT,1940-** In India, the Drugs and Cosmetics Act of 1940 governs the import, manufacture, delivery, and selling of drugs.
- GCP GUIDELINES-the Ministry of Health, in collaboration with the Drug Controller General of India (DCGI) and the Indian Council for Medical Research (ICMR), has published draught research guidelines for human subjects.
- SCHEDULE M OF THE D & C ACT- It defines the general and precise specifications for factory premises, supplies, plant, and facilities, as well as the minimum recommended areas for standard installation.

VARIOUS FORMS OF APPLICATION REQUIRED FOR THE COMMERCIALIZATION OF TOPICAL PRODUCTS

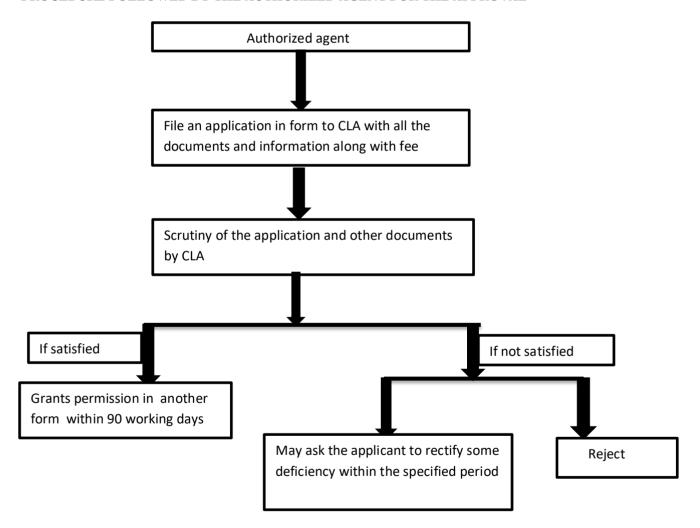
S.no.	Purpose	Application for	Grant of permission
		grant of	(permission issued in form)
		permission	
1	To conduct clinical trial	CT-04	CT-06
2	For the Manufacturing of new drug for clinical trial or for examination, test and analysis	CT-10	CT-11
3	New drug imported for clinical study or review, research and study	CT-16	CT-17
4	To Import or manufacture of new	CT-18	CT-19 for API and CT-20 for pharmaceutical formulation



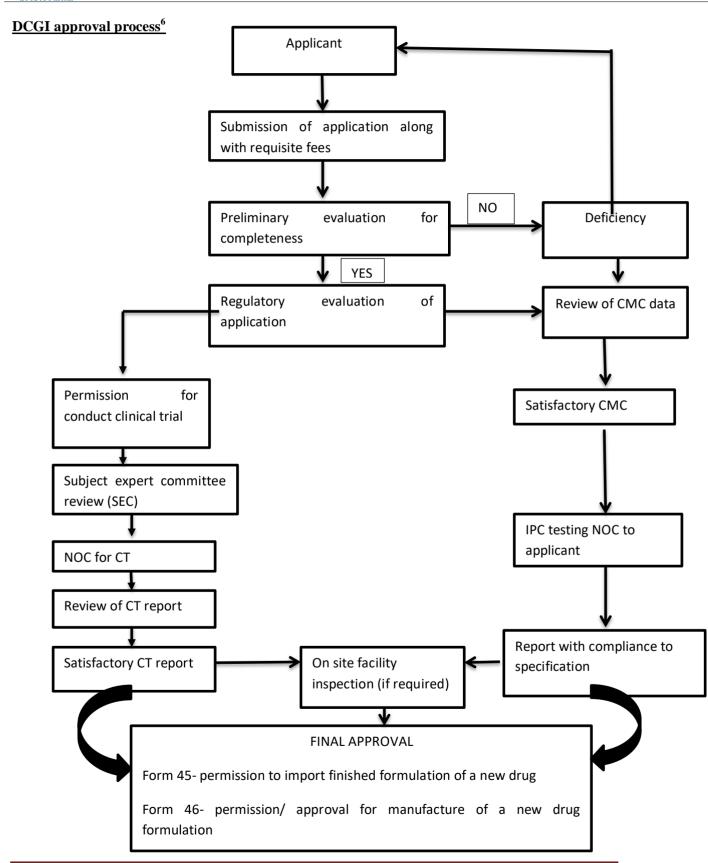
Volume 6, Issue 4 July-Aug 2021, pp: 183-192 www.ijprajournal.com ISSN: 2249-7781

	drug for sale or for distribution		
5	To manufacture a new	CT-21	CT-22 for API and CT-23 for
	drug formulation for		pharmaceutical formulation
	sale or distribution		

PROCEDURE FOLLOWED BY THE AUTHORIZED AGENT FOR THE APPROVAL



Volume 6, Issue 4 July-Aug 2021, pp: 183-192 www.ijprajournal.com ISSN: 2249-7781





Volume 6, Issue 4 July-Aug 2021, pp: 183-192 www.ijprajournal.com ISSN: 2249-7781

↓ DATA TO BE SUBMITTED WITH THE APPLICATION

Documents that must be handed in

1.	The object of the application for (permission to		
manufacture/import/clinical trial) should be explicitly stated.			
2.	The applicant's name		
3.	The new drug's name		
4.	Application in Form 44, properly signed and approved by an		
authorized representative of the company in all respects			
5.	INR 50,000 (phase I) or INR 25,000 (phase II/III) Treasury challan		
6.	A copy of a current production license (Form 25/28)		
7.	Bulk pharmacy supplier		
8.	An outline of the drug and the treatment community to which it		
belongs			
9.	Information on chemicals and pharmaceuticals		
10.	Drug specifics (Generic Name, Chemical Name, or International		
Nonproprietary Names (INN))			
11.	Pharmacology of animals		
12.	Toxicology of animals		
13.	Pharmacology in humans or in clinical trials (Phase I)		
14.	Therapeutic exploratory trials (Phase II)		
15.	Therapeutic confirmatory trials (Phase III)		
16.	Research programs		
17.	Other countries' regulatory position		
•	Promoted		
•	Accepted		
•	Approved as an IND (Investigative New Drug).		
•	Any withdrawals, if any, of justifications		
18.	Information for prescribing		
19.	Testing protocol/s and samples		
20.	Global drug trial and new chemical entity:		
21.	F		
substance for sale (in case the application is for manufacture for sale of new			
drug)			

↓ FEE PAYABLE FOR LICENSE, PERMISSION AND REGISTRATION CERTIFICATE

SERIAL NO.	SUBJECT	IN RUPEES (INR)
1.	Application for permission to conduct	
	clinical trial	
	i. Phase I	3,00,000
	i. Phase II	2,00,000
	i. Phase III	2,00,000
	v. Phase IV	2,00,000
2.	Application for permission to manufacture	5000 per product
	new drugs for clinical trial.	
3.	Application for import of new drugs for	5000 per product
	clinical trial or for examination, test and	
	analysis.	
4.	Application for permission to import new	5,00,000
	drug (Finished formulation) for	
	marketing	
5.	Application for permission to import new	5,00,000



Volume 6, Issue 4 July-Aug 2021, pp: 183-192 www.ijprajournal.com ISSN: 2249-7781

	drug (Active pharmaceutical ingredient) for marketing	
6.	Application for permission to manufacture new drug (Active pharmaceutical ingredient or finished formulation) for sale or distribution	5,00,000
7.	Application for permission to manufacture fixed dose combination already approved for sale or distribution.	3,00,000
8.	Application for permission to manufacture unapproved new drug but under clinical trial for treatment of patient of life threatening disease	5000
9.	Pre- submission meeting	5,00,000
10.	Post- submission meeting	50000

Topical drug delivery challenges and drawbacks for speeding wound healing

There are many challenges to address when developing topical drugs for wound healing. In addition to accelerating wound healing, such a treatment must be able to withstand the proteolytic wound environment in order to ensure the active substance's bioavailability. Furthermore, dressing changes disrupt the healing process, so the best treatment includes extended release and/or consequences. In order to get into the market, the procedure must also be cost-effective. Combining both of these attributes is a difficult task.Newgeneration biological drugs in the form of growth factors and chemokines are integrated into wound dressings and/or co-administered with protease inhibitors to resolve the proteolytic environment and provide extended drug release. Furthermore, since cell and gene therapy provide continuous release of growth factors or chemokines, there is a greater need for limiting dispersion beyond the wound region to avoid systemic effects. However, these promising recombinant proteins, gene, and cell therapies are currently prohibitively costly, limiting clinical availability.

II. CONCLUSION

Wound care has come a long way from its inception, thanks to increased knowledge of wound healing's physical properties and the use of smart wound dressing products. Wound dressings should no longer only function as exudate controllers or absorbents; they should also interact on a cellular basis to correct wound milieu imbalances and aid wound healing.

New physical procedures and dressing fabrics, such as cold argon plasma or silk fibres,

have also made their way into wound care as groundbreaking recovery alternatives.

REFERENCES

- [1]. Woan Sean Tan , Palanisamy Arulselvan , Shiow-Fern Ng , Che Norma Mat Taib , Murni Nazira Sarian and Sharida Fakurazi "Improvement of diabetic wound healing by topical application of Vicenin-2 hydrocolloid film on Sprague Dawley rats" Tan et al. BMC Complementary and Alternative Medicine (2019) 19:20 , https://doi.org/10.1186/s12906-018-2427-y
- [2]. E. Öhnstedt, H. Lofton Tomenius, E. Vågesjö & M. Phillipson (2019) The discovery and development of topical medicines for wound healing, Expert Opinion on Drug Discovery, 14:5, 485-497, DOI: 10.1080/17460441.2019.1588879
- [3]. U.S. Food & Drug Administration. PMA approvals [Internet]; 2018 [cited 2018 Nov 19]. Available from: https://www.fda.gov/MedicalDevices/ProductsandMedicalProcedures/DeviceApprovalsandClearances/PMAApprovals/default.
- [4]. Singer AJ, Dagum AB. Current management of acute cutaneous wounds. N Engl J Med. 2008;359:1037–1046
- [5]. New Drugs and Clinical Trials Rules 2019 G.S.R. 227(E), Government of India Gazette Notification dated 19th March 2019. https://cdsco.gov.in/opencms/opencms/syste m/ modules/CDSCO.WEB/elemen ts/download_file_ division.jsp?num_id=NDI2MQ _ assessed on 21st June 2019



Volume 6, Issue 4 July-Aug 2021, pp: 183-192 www.ijprajournal.com ISSN: 2249-7781

- [6]. Retrieved from https://cdsco.gov.in/opencms/export/sites/C DSCO_WEB/Pdf-documents/New-Drugs/Process/NDD_APPL_Organogram.pd f
- [7]. Park KH, Han SH, Hong JP, et al. Topical epidermal growth factor spray for the treatment of chronic diabetic foot ulcers: A phase III multicenter, double-blind, randomized, placebo-controlled trial. Diabetes Res ClinPract. 2018;142:335–344
- [8]. Yuan L, Minghua C, Feifei D, et al. Study of the use of recombinant human granulocytemacrophage colony-stimulating factor hydrogel externally to treat residual wounds of extensive deep partialthickness burn. Burns. 2015;41:1086–1091.
- [9]. Simader E, Traxler D, Kasiri MM, et al. Safety and tolerability of topically administered autologous, apoptotic PBMC secretome (APOSEC) in dermal wounds: a randomized Phase 1 trial (MARSYAS I). Sci Rep. 2017;7:6216
- [10]. Valentini SR, Nogueira AC, Fenelon VC, et al. Insulin complexation with hydroxypropyl-beta-cyclodextrin: spectroscopic evaluation of molecular inclusion and use of the complex in gel for healing of pressure ulcers. Int J Pharm. 2015;490:229–239.
- [11]. Lantis IJC, Gordon I. Clostridial collagenase for the management of diabetic foot ulcers: results of four randomized controlled trials. Wounds CompendClin Res Pract. 2017;29:297–305.
- [12]. Sarabahi S. Recent advances in topical wound care. Indian J PlastSurg 2012;45:379-87.
- [13]. Patrick S. Murphy and Gregory R. D. Evans. Advances in Wound Healing: A Review of Current Wound Healing Products. Hindawi Publishing Corporation Plastic Surgery International Volume 2012, Article ID 190436, 8 pages doi:10.1155/2012/190436
- [14]. Cornelia Erfurt-Berge and Regina Renner.Recent Developments in Topical Wound Therapy: Impact of

- Antimicrobiological Changes and Rebalancing the Wound Milieu. Hindawi Publishing Corporation BioMed Research International Volume 2014, Article ID 819525, 8 pages http://dx.doi.org/10.1155/2014/819525
- [15]. Topical and Transdermal Drug Products,STIMULI TO THE REVISION PROCESS,Pharmacopeial Forum 750 , Vol. 35(3) [May–June 2009]
- [16]. Kwa, M.C.; Tegtmeyer, K.; Welty, L.J.; Raney, S.G.; Luke, M.C.; Xu, S.; Kong, B. The relationship between the number of available therapeutic options and government payer (medicare part D) spending on topical drug products. Arch. Derm. Res. 2020, 312, 559–565. [CrossRef]
- [17]. Lenn, J.; Brown, M. Cost-Effective Approaches for Successful Generic Dermal Drug Product Authorization. Available online: http://staging.ondrugdelivery.com/wp-content/uploads/2018/03/ONdrugDel-SKIN-DRUG-DELI-84-Mar-2018-Medpharm.pdf (accessed on 18 April 2021).
- [18]. Wu, K.; Yeoh, T.; Hsieh, Y.L.; Osborne, D.W. Quality Assessment of API in Semisolid Topical Drug Products. In The Role of Microstructure in Topical Drug Product Development, 1st ed.; Langley, N., Michniak-Kohn, B., Osborne, D.W., Eds.; Springer: Cham, Switzerland, 2019; Volume 36, pp. 109–154.
- [19]. Shanley, A. Topical Formulation: Moving from Art to Science. APIs, Excipients, and Manufacturing 2016, Supplement to Pharmaceutical Technology 40 (9).Available online: https://www.pharmtech.com/view/topicalformulation-moving-artscience (accessed on 18 April 2021).
- [20]. Raney, S.G.; Franz, T.J.; Lehman, P.A.; Lionberger, R.; Chen, M.L. Pharmacokinetics-based approaches for bioequivalence evaluation of topical dermatological drug products. Clin. Pharm. 2015, 54, 1095–1106. [CrossRef]